

FAHIM AHMED PAPPU

CARER ASSISTANT

104 CUMBERLAND ROAD
LONDON, E13 8LR

07424224676
OKFAHIM7@GMAIL.COM

ADDITIONAL INFO

GENDER MALE
DATE OF BIRTH 07/12/2002

PERSONAL PROFILE

Qualified and compassionate Care Assistant with 3 years of experience providing exceptional physical and emotional support to adults and the elderly. A natural leader with strong conflict resolution skills, skilled at guiding and motivating teams of healthcare professionals. Committed to delivering personalized and holistic care, ensuring the well-being and comfort of patients under my supervision. Proven ability to communicate effectively and collaborate with healthcare teams and families, fostering a nurturing and supportive care environment.

SKILLS

Medical administration.
health and safety regulations
treatment plan development
record-keeping
nutrition knowledge
safe patient handling
patient transfer support
health surveillance and monitoring
first aid knowledge.

WORK EXPERIENCE

Bithoms Support Service LTD, Gillingham, Kent January 2024 - April 2024

- Provided comprehensive physical, emotional, and social support to individuals with mental illness, disabilities, and elderly clients, ensuring their well-being and comfort.
- Administered medication and meticulously maintained medication records to ensure compliance with healthcare regulations.
- Monitored and recorded vital signs, observed changes in health, and communicated concerns to the healthcare team effectively.
- Trained and supported interns and care assistants in general wards and mental health units, fostering a collaborative and professional environment.

Care Assistant, Ador drug addiction rehabilitation center, Moulvibazar, Bangladesh | 2022-2023

Supported team members in delivering personal care, including washing, dressing, and general hygiene. Monitored and observed patients, safeguarding their physical and mental well-being. Promptly reported any changes in the patient's health. Administered medication, prepared meals, and maintained detailed reports to ensure coordinated and holistic care.

- Recognised with the esteemed "Best Employee of the Month" award for exceptional dedication and commitment to providing high-quality care.
- Enhanced daily operations and processes in the rehabilitation unit, resulting in improved care for elderly patients during their recovery journey.
- Initiated regular meetings with community groups and social services, actively contributing to the development of new services and mental health programs.

PROFESSIONAL TRAINING

Health and safety Online course 2023
Level 2 First Aid training, Protrainings, 2022

EDUCATION

HIGHER SECONDARY SCHOOL CERTIFICATE
Apr 2017 - May 2019
MOULVIZAR GOVERNMENT COLLEGE
MoulviBazar, Bangladesh

LANGUAGES

ENGLISH	ADVANCED
BENGALI	NATIVE SPEAKER
HINDI	ADVANCED

REFERENCE

jubayer Ahmed ADOR DRUG ADDICTION REHABILITATION
jahmedjuber@yahoo.comCENTER

CERTIFICATE

HEALTH AND SEFETY ONLINE COURSE CERTIFICATE 2023