

BRIDGET EMAD

27 Stepney Road CV2 4PX

07771283733

briemade50@yahoo.com

Objective:

Dedicated and compassionate Complex Care Worker with [X] years of experience providing high-quality support and assistance to individuals with complex care needs. Proficient in administering medication, managing medical equipment, and offering emotional support. Seeking to leverage expertise in enhancing the quality of life for clients in need of specialized care.

Core skills

- Dedicated, driven and pro-active
- Able to remain calm in challenging situations
- Personal care provision
- Safeguarding knowledge
- Bilingual skills (English and French)
- Compassionate and patient approach to caregiving
- Strong interpersonal and communication skills
- Proficient in medication administration and medical equipment management
- Ability to adapt to changing needs and environments
- Excellent organizational and time management skills
- Empathetic listener with a genuine desire to help others
- Knowledge of basic healthcare protocols and procedures
- Ability to work independently and as part of a team

Employment History

Patient Care Support Worker – HFH Healthcare

(April 2023 – Present)

Duties

- Observe vital signs and collect specimens
- Provided personalized care and support to clients with complex medical conditions, including but not limited to spinal cord injuries, traumatic brain injuries, and degenerative disorders.
- Assisted with activities of daily living (ADLs) such as bathing, dressing, grooming, toileting, and transferring.
- Administered medications following prescribed dosages and schedules, ensuring compliance with healthcare protocols.
- Monitored vital signs and reported any changes in the client's condition to healthcare professionals.
- Operated and maintained medical equipment such as ventilators, feeding tubes, catheters, and mobility aids.
- Offered emotional support and companionship to clients, fostering a trusting and respectful relationship.
- Collaborated with healthcare teams, including nurses, therapists, and physicians, to develop and implement comprehensive care plans.
- Documented client progress, observations, and interventions accurately and timely in accordance with organizational policies.

Support Care Worker – Kayoski Care
(January 2023 – April 2023)

Duties

- Provided compassionate care and assistance to elderly clients with various health conditions, including dementia, Alzheimer's disease, and mobility limitations.
- Assisted with meal preparation, feeding, medication reminders, and mobility support.
- Engaged clients in stimulating activities to promote cognitive function and emotional well-being.
- Maintained a safe and clean environment, including light housekeeping and laundry duties.
- Communicated effectively with family members and healthcare providers to ensure continuity of care.
- Accompanied clients to medical appointments and recreational outings as needed.

Certificates

- Health and Safety
- First Aid
- Moving and Handling
- Food Hygiene and Essentials
- Infection Controls Observation
- Mental Health and Abuse Awareness
- LPA Medical Basic Life Support
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- L3 Diploma Health and Social Care

References Available on request